

FAVORITE PROTOCOLS FROM PRESCRIPTION SYSTEM USERS

Skin Condition: Congestion/acne prone

Lifestage: Teen

Zones: 1,3,4,5,6 (zone 3-4 has extreme irritation and redness)

Treatment Protocol

1. Cleanse with Beta-hydroxy Foaming Cleanser.
 2. Pre-extraction mask: Moisture Serum with 2 drops Exfoliating Complex. Steam 10 mins. Leave mask on while performing extractions.
 3. Cleanse with Foaming Cream Cleanser.
 4. Mask for zone 3-4 only:
 - a. Oatmeal + Blending Oil + water + 2 drops Anti-irritant + 2 drops Multi-mineral. Leave on for 10 minutes and remove.
 5. Mask for zone 1,2,5,6,7:
 - a. Rhassoul Clay + Blending Oil + water + 2 drops Multi-vitamin. Leave on for 10 minutes and remove.
 6. Tone with dermAstage pH Balancing Toner.
 7. Moisturize with dermAstage Day Cream with SPF 30.
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Skin Condition: Dehydration

Zones: 1,2,4,6,7

Lifestage: Adult

Skin Condition: Roseacea

Zones: 3

Treatment Protocol

1. Cleanse with Foaming Cream Cleanser.
 2. Mask for zone 3:
 - a. Oatmeal + blending oil + water + 4 drops Anti-oxidant + 3 drops Anti-inflammatory.
 3. Mask for zone 1,2,4,6,7:
 - a. Oatmeal + blending oil + water + 3 drops Anti-oxidant + 3 drops Multi-vitamin.
 4. Light steam.
 5. Remove both masks.
 6. Tone with dermAstage pH Balancing Toner.
 7. Moisturize with Enzyme Cream or Day Cream with SPF 30.
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Skin Condition: Dehydrated/Sluggish/heavy smoker

Zones: all, especially sluggish in zone 3-4

Lifestage: Anti-Aging

Treatment Protocol

1. Cleanse with dermAstage Beta-hydroxy Foaming Cleanser.
2. Massage with Massage Cream + 2 drops Anti-oxidant complex. Do not remove.
3. Mask for zone 3-4:
 - a. Seaweed Mask + Blending oil + water + 4 drops anti-oxidant + 2 drops multi-vitamin.
4. Mask for other zones:
 - a. Moisture serum + 2 drops Anti-oxidant + 2 drops Multi-vitamin.
5. No Steam
6. Remove both masks.
7. Tone with dermAstage pH Balancing Toner.
8. Moisturize with dermAstage Anti-wrinkle cream or Day Cream w/ SPF 30.

Skin Condition: Congestion in blemish prone skin

Zone: all

Lifestage: Teen

Treatment Protocol

1. Cleanse with dermAstage Beta-hydroxy Foaming Cleanser.
 2. Moisture Serum + 4 drops Anti-irritant complex.
 3. Layer a mask on top: Rhassoul Clay + water + Blending Oil.
 4. Remove.
 5. Moisturize with dermAstage Hydrating Night Cream.
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Skin Condition: Congestion/thicker skin; no sensitivities

Zone: all

Lifestage: Adult

Treatment Protocol

1. Pumpkin Peel 20% or 30% for 2 minutes. Remove.
 2. Oatmeal Mask + water + Blending Oil + 4 drops Exfoliating Complex. Steam and perform extractions.
 3. Massage: Moisture Serum + 4 drops Multi-mineral Complex.
 4. Layer with Rhassoul Mask + 10 drops blending oil + 4 drops Multi-vitamin complex.
 5. Moisturize with dermAstage Day Cream with SPF 30
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Skin Condition: Mild Acne

Zone: 1,6, 4

Lifestage: Adult

Skin Condition: Dehydration/sluggish

Zone: 3

Treatment Protocol

1. Pumpkin Peel 30%
 2. Treatment for Zone 1,6,4:
 - a. Moisture serum + 2 drops Multi-mineral complex + 3 drops Anti-inflammatory complex. Layer: 1 tsp. Rhassoul Clay + water + 10 drops Blending Oil
 3. Treatment for Zone 3
 - a. Moisture Serum + 2 drops Multi-mineral complex + 3 drops Multi-vitamin complex.
 4. Remove masks.
 5. Massage with Massage Cream + 3 drops Anti-oxidant complex.
 6. Moisturize with dermAstage SPF 30.
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Skin Condition: Dry with some redness

Zone: all

Lifestage: Adult

Treatment Protocol

1. Oatmeal Mask + water + Blending Oil + 2 drops Exfoliation Complex. Remove.
 2. Moisture Serum with High Frequency.
 3. Rhassoul Clay Mask + 5 drops Anti-oxidant complex + 2 drops Multi-vitamin complex.
 4. Tone with dermAstage pH Balancing Toner.
 5. Moisturize with dermAstage Enzyme Cream.
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